

PSYCHOLOGY CAREERS JOURNAL



National
College of
Ireland

Achieving Career Ownership

PHASE 1: FOUNDATIONS FOR SUCCESS

Career Classes in the Curriculum

Career Pathways and Destinations.
Planning Your Career: Mind Mapping
and Researching Career Options.

Open Careers Class

Professional Career Materials: LinkedIn and CVs.

Open Evening Events

Career Pathways: Alumni Panel.
Employability Opportunities: Volunteer Panels.



PHASE 2: GETTING TO GRIPS WITH CAREERS

Career Classes in the Curriculum

How to Become: Careers in Neuroscience
and Academic Progressions.

How to Become: Careers in Coaching
and Behavioural based fields.

Psychometric Testing and MBTI in Careers.

Events

Career Pathways: Alumni Panel.
Employability: Employer Panels.

PHASE 3: CAREER READINESS

Career Classes in the Curriculum

Further Education: Opportunities.
Postgraduate Opportunities and Submissions.
Develop Your Personal Employability Report.

Open Careers Class

Career Planning, CVs, Cover Letters, Personal Statements,
and Interview.

Events

Employability: Employer Panels.
Career Pathways: Alumni Panel.



YEAR 3 MATERIAL CHECKLIST

- Professional 3rd Level CV
- Cover Letter
- Personal Statement
- LinkedIn Profile and Researching Career Options.

MORE EXPERIENCES TO CONSIDER

- Obtain a Drivers Permit / License
- Volunteer on helplines
- Complete online certification
- Attend PSI Conferences
- Complete a Level 5 in Childcare
- Apply for an internship
- Have a 1-2-1 career Consultation

ALL CLASSES AND EVENTS ARE OPTIONAL. THERE WILL BE NO ASSESSMENTS OR GRADES

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