

# A Career in Psychology

A Degree in Psychology provides a strong foundation for pursuing a career as a psychologist, while also opening the door to a wide range of career opportunities beyond the field of psychology. To become a Chartered Psychologist, postgraduate study and training is essential and many graduates spend a year or more getting relevant work experience before applying to these masters programmes.

To make the most of the opportunities open to you take the time to investigate what you are looking for, review companies and job descriptions, speak with alumni and explore industry trends. Do attend career and networking events organised by the Careers Team in NCI. By researching your options thoroughly and building your professional network, you will be better equipped to make informed decisions about your future.

# Who employs Psychology Graduates from NCI?

To allow you see exactly where NCI Graduates are employed after graduation the NCI Careers Team publish a Graduate Outcomes Report, showcasing where NCI graduates are employed or studying 9 months after completing their degree. Explore over 10 years of results and trends at: <a href="https://bit.ly/NCIGradDestinations">https://bit.ly/NCIGradDestinations</a>

Graduates who progressed directly to employment have taken up a variety of psychology and non-psychology related roles. The following is a sample of jobs and employers over the past number of years:

#### **Psychology Related Roles**

ABA Preschool Academy - Behavioural Therapist; An Cosan - The Shanty Educational Project Company Limited - Gym Trainer & Mental Health Course Facilitator; Autism Initiatives – Facilitator; Autism Initiatives - Relief Support Worker; Autism Initiatives - Social Worker; Behaviour Detectives - Relief Behaviour Therapist; **Behaviour Detectives** – Outreach Behaviour Support Therapist: **COPE Galway** – Homeless Service Support Worker; Dublin Simon Community -Support Worker; **Early Learning Initiative** – Research Assistant/Educational Programme Facilitator; Embrace Community Services - Support Worker; Focus Ireland -Case Manager; Gheel Autism - Autism Practitioner; HSE - HSE Assessment Officer; Jonix Educational Services - ABA School Tutor; **Jumping Jones Creche** - Educarer; Orchard Care – Social Care Worker; Playball – Playball Coach; Peter McVerry Trust - Core Project Worker; Peter McVerry Trust - Intensive Case Manager; Peter McVerry Trust - Project Worker; Réalta Homecare Ltd. - Community Support Worker; The Salvation Army - Key Worker; Tusla Special Care Unit - Social Care

#### **Non Psychology Focused Roles**

Accenture – Trust & Safety Associate; Aspira – Recruiter;
Carechoice – HR Advisor; Chill Insurance Midterm
Adjustment (MTA) – Executive Agent; Coombe
Hospital – HR Administrator; Department of Health –
Administrative Officer; Ebay – Trust Agent; Gym+Coffee
– Brand Experience Manager; Irish Wheelchair
Association – HR Administrator; Linesight – Talent
Acquisition Resourcer; Morgan McKinley – Senior Legal
Recruitment Consultant; Okta – Business Development
Representative; Permanent TSB – Customer Success and
Growth Advisor; St Colmcilles BNC – Substitute Primary
School Teacher; St. Thomas JNS – Substitute Teacher.

# What postgraduate courses do NCI Psychology Graduates choose?

**DCU** MSc in Work & Organisational Psychology

DCU MSc in Psychology and Wellbeing

Worker.

**Dublin Business School** Higher Diploma in Counselling and Psychotherapy

**Dublin Business School** MSc in Applied Psychology

**ICHAS** MA in Counselling & Psychotherapy

Maynooth University MA in Comparative Criminology and Criminal Justice

National College of Ireland MA Human Resource Management

**SETU Carlow** MSc Sports Performance Analysis

Trinity College Dublin MSc in Applied Behaviour Analysis X2

Trinity College Dublin MSc Applied Clinical Neuropsychology

**Trinity College Dublin** MA Psychoanalytic Studies

Trinity College Dublin MSc Applied Psychology

Trinity College Dublin MSc Applied Behaviour Analysis

TU Dublin MSc Advertising

**UCD** MSc Psychological Science

**UCD** Postgraduate Diploma Design Thinking for Sustainability

University of Galway MSc Applied Behaviour Analysis

University of Galway MSc Health Psychology

University of Ulster MSc Sport and Exercise Psychology

**Utrecht University** MA Work and Organisational Psychology

# **PSI Membership**

The BA (Hons) Psychology is accredited by the PSI. Completion of a PSI accredited undergraduate degree with a Second Class Honours or above confers eligibility for graduate membership with the Psychological Society of Ireland. To become a Chartered Psychologist, a PSI Member must:

- Be a graduate member of PSI

#### AND

- Hold a PSI accredited postgraduate qualification at master's level in Psychology or equivalent and four years' experience, inclusive of any time spent on undertaking postgraduate qualification **OR**
- Hold a Research Doctorate Degree in psychology in which the thesis was clearly on a psychological topic and both the research supervisor and examiner were identifiable as psychologists, by PhD thesis only **OR**
- Hold a PSI accredited postgraduate qualification at Doctoral level OR equivalent.

# **PSI Accredited Postgraduate Programmes**

A list of PSI accredited Postgraduate courses is available online:

https://www.psychologicalsociety.ie/accredited-courses/PSI-Accredited-Postgraduate-Courses and includes:

**DCU** MSc Work and Organisational Psychology

Mary Immaculate College, University of Limerick Doctorate in Educational and Child Psychology

Trinity College Dublin Professional Doctorate in Counselling Psychology

Trinity College Dublin D. Clin. Psychology

Trinity College Dublin MSc in Applied Behaviour Analysis

University College Cork MA Work and Organisational Psychology

University College Cork D. Clin. Psychology

University College Dublin D. Psych. Sc. in Clinical Psychology

University College Dublin Doctorate in Educational Psychology

University of Galway MSc in Health Psychology

University of Galway MSc in Applied Behaviour Analysis

University of Galway D. Psych. Sc. in Clinical Psychology

University of Limerick MSc Work & Organisational Psychology

University of Limerick D. Clin. Psychology

### Tip: Use LinkedIn's Alumni Tool

To boost your chances of getting accepted into a Master's programme, LinkedIn's Alumni Tool is a valuable resource. Use it to search for graduates of the programmes you are interested in and review their profiles to see what kind of work experience, internships or extracurriculars they had before being accepted. This can give you practical insights into how to strengthen your own application.

# Articles and sites with information on developing a career in Psychology

- BPS: A trainee's guide to postgraduate clinical psychology courses: https://bit.ly/BPSTraineeGuide
- Clearing House for postgraduate courses in Clinical Psychology (UK): https://www.clearing-house.org.uk
- HSE, Trainee Psychologist: The HSE Psychology Trainee is a 3 year accredited programme in the area of either Counselling, Educational or Clinical Psychology, in a partnership between the HSE and selected Irish universities: <a href="https://careerhub.hse.ie/pathways\_trainee\_psychologist">https://careerhub.hse.ie/pathways\_trainee\_psychologist</a>
- Irish Association for Counselling and Psychotherapy: https://iacp.ie/education-overview
- PSI Podcast: How To Become A Psychologist: https://bit.ly/PSIPodcast1
- PSI Student Affairs Group: https://bit.ly/PSISAgroup
- PSI Student Affairs Group on Instagram: https://www.instagram.com/psisag
- PSI Student Affairs Group on LinkedIn: https://bit.ly/PSILinkedIn
- Tips for aspiring clinical psychologists, Judith Johnson: https://bit.ly/PsychologyTips

### Where to look for opportunities

#### **NCI Resources**

- List of live graduate programmes compiled by NCI Careers: https://bit.ly/NCIListofGradProgrammes
- NCI online jobs board: <a href="https://ncirl-csm.symplicity.com">https://ncirl-csm.symplicity.com</a>
- LinkedIn Alumni Tool: See where past graduate are working using the LinkedIn Alumni tool: https://bit.ly/NCIPsychologyAlumni

### Other Resources

- Activelink: Opportunities in the Not for Profit Sector: https://www.activelink.ie/vacancies
- British Psychological Society Section on careers and qualification: https://bit.ly/BPSPsyhcologydegree
- For Purpose: Graduate programmes in the not for profit sector: <a href="https://forpurpose.ie/current-vacancies">https://forpurpose.ie/current-vacancies</a>
- gradireland: https://gradireland.com/graduate-jobs
- Indeed: https://ie.indeed.com
- IrishJobs.ie: https://bit.ly/Irishjobspsychology
- Jobs.ie: https://bit.ly/Jobsiepsychology
- LinkedIn: https://bit.ly/LinkedInpsychology
- Publicjobs: <a href="https://publicjobs.ie/en">https://publicjobs.ie/en</a>
- WAM: AHEAD Graduate programme for graduates with a disability: https://www.ahead.ie/currentopportunities

# Using a Boolean Search in your job search

Using a Boolean Search such as the one below will help you search the job boards for a wide range of Psychology-related graduate roles in Dublin by including multiple job title variations that employers might use. It increases your chances of discovering relevant opportunities, even if they are listed under slightly different titles.

"Psychology Graduate" OR "Wellbeing Practitioner" OR "Relief Care Assistant" OR "Relief Support Worker" OR "Autism Practitioner" OR "Social Care Worker" OR "ABA Tutor" OR "Applied Behaviour Analysis Tutor" OR "School Completion Officer" OR "Youth Development Officer" OR "Relief Worker" OR "Youth Advisor" OR "Relief Behaviour Therapist" OR "Outreach Behaviour Support Therapist" OR "Support Worker" OR "Autism Practitioner" OR "Project Worker" OR "Community Support Worker".

### Volunteering to get relevant experience

**Ivol:** I-VOL is the national searchable database of volunteering opportunities in Ireland <a href="https://www.i-vol.ie/advanced-search">https://www.i-vol.ie/advanced-search</a>

**Boolean Searches:** Using a Boolean search string like this one will highlight relevant volunteering opportunities: "Telephone Counsellor" **OR** "Call Taking Volunteer" **OR** "Listening Volunteer" **OR** "Crisis Volunteer" **OR** "Support Line Volunteer" **OR** "Homework Club Supervisor".

# How can the Careers Service help you?

The Careers Service supports students in exploring their career options and connects students with employers. You can book an appointment with your careers consultant to help you decide your next step in your career. Login to <a href="ncirl-csm.symplicity.com">ncirl-csm.symplicity.com</a> to see the full range of Career events and supports available, to view the jobs board and to and book an appointment with your Careers Advisor today.

**Disclaimer:** Information is provided in good faith by the NCI Career Development & Employability Service. NCI, the Career Development & Employability Service, and any contributing third party shall have no legal liability or responsibility for any individual's decision made on the basis of this information.



