NCI Tionscnamh Luathfhoghlama Early Learning Initiative

community families | Groups

Little hands discovery playgroup



Week 1- Sight
- Black and white visual cards
- Baby-safe mirrors
- Visual tracking activities
- Tummy time

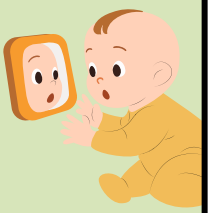
Week 2- Sound
- Sensory sound bottles
- Musical instruments
- Rhythm and movement

Week 3- Touch
- Treasure basket
- Exploring different textures
- Grasping and fine motor skills

Week 4-Smell and Taste
- Oatmeal sensory bin
- Scented sensory bags

Week 5- Sensory toys and messy play
- Messy play
- Sensory toys
- Creative exploration

Tuesday 10.30-11.30am
5 week programme for under one
Booking required
Pearse Street Primary care Centre
Marks Lane
Dublin2



Join us for a gentle 5-week sensory journey designed to support your baby's early development through play, exploration and bonding







- Suitable for non-mobile and early mobile babies
- Led activities and free exploration
- Each session includes practical tips for parents



To book, please contact:
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HOPE



