

## MONDAY

### Mam & Baby Fitness

(Pre-Walkers)

St. Andrew's Resources Centre

**10:30 - 11:15 am**

Relaxed, baby-led fitness class run by Aoife Slater, a qualified Fitness Instructor

### Read, Rattle and Roll/Baby Massage

NCI/PlayLab

**2:00-3:00pm**

(Our Baby groups alternate)

Read, rattle and roll is a 6 week programme and Baby massage is a 5 week programme for pre-mobile babies (booking required)



## TUESDAY

### Playgroup

#### Little hands discovery

Pearse Street Primary Care Centre

**10:30 - 11.30 am**

(5 week programme for under one/ booking required)

### Storytelling

Pearse Street Library

**10:30 - 11:30 am**

(booking through library link)

## THURSDAY

### Mam & Baby Fitness

(Pre-Walkers)

NCI/PlayLab

**10:30 - 11:30 am**

Relaxed, baby-led fitness class run by Aoife Slater, a qualified Fitness Instructor

### Mandarin Storytelling

Central Library, Ilac Centre

**10:00 - 11:00 am**

### Read, Rattle & Roll/Baby Massage

Irishtown Primary Care Centre

**11am - 12pm**

Our Baby groups alternate

Read, rattle and roll is a 6 week programme and Baby massage is a 5 week programme for pre-mobile babies (booking required)



## WEDNESDAY

### Plastic Free Playgroup

Join ELI's very 1st Plastic Free Playgroup

**10.00-11.00am**

Ringsend Community Centre

### Mandarin/English Storytelling

NCI/PlayLab

**2:00 - 3:00pm**

Join our Mandarin/English speaking facilitators at our storytelling play group



## FRIDAY

### Playgroup

Charleville Mall Library

### Storytelling

Pearse St. Library

**10:30 - 11:30 am**



**To book, please contact:**

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