

NCI Library

APA Referencing Guide

The American Psychological Association (APA) style is most commonly used to cite sources within the social sciences. According to the APA guidelines (apastyle.org), your essay should be typed, double-spaced on A4 with 1" margins on all sides; APA also recommends using size 12 Times New Roman font.

Referencing Examples

Book (single author)

In text format Author surname(s), Year, Page number

Paraphrase example: Santrock (2011) suggests young adults realise that thinking cannot just be conceptual, but rather has to be more pragmatic (p. 433).

Quotation example: Young adults come to realise "that thinking can't just be abstract but rather has to be realistic and pragmatic" (Santrock, 2011, p. 433).

Reference list format Author surname(s), Initial(s). (Year). *Title -in italics*. (Edition).
Place of publication: Publisher.

Example: Santrock, J.W. (2011). *Life-span development*. (13th ed.). New York: McGraw-Hill.

Print journal article (single author)

In text format Author surname(s), Year, Page number

Paraphrase example: Developmental stability can be thought of as the capacity to continue development while resisting external and genetic factors that could disrupt it (Kowner, 2001, p. 447).

Quotation example: Kowner (2001) defines developmental stability as "the ability of the organism to resist or buffer the disruption of development by environmental and genetic stresses" (p. 447).

Reference list format Author surname(s), Initial(s). (Year). Article title. *Journal title - in italics*,
Volume number - in italics, (Issue number), Page number(s).

Example: Kowner, R. (2001). Psychological perspective on human developmental stability and fluctuating asymmetry: sources, applications and implications. *British Journal of Psychology*, 92 (3), 447-469.

Electronic journal article (single author)

In text format Author surname(s), Year, Page number

Paraphrase example: It has been suggested (Goswami, 2001, p. 270) that nursery rhymes are of developmental significance in English speaking children.

Quotation example: Goswami (2001) has indicated that the popularity of nursery rhymes “among English-speaking children suggests that it may have developmental importance” (p. 270).

Reference list format Author surname(s), Initial(s). (Year). Article title. [Electronic version] *Journal title (in italics)*, *Volume number - in italics*, (Issue number), Page number(s).

Example: Goswami, G. (2001). Cognitive development: No stages please- we’re British. [Electronic version] *British Journal of Psychology*, 92 (1), 257-277.

Webpage

In text format Author surname(s), Year

Paraphrase example: Dewey (2007) asserts that all emotions are produced by the brain.

Quotation example: It has been stated (Dewey, 2007) that evidence from different branches of psychology “points to the conclusion that all our psychological processes, including all the subtleties of our thoughts, emotions, consciousness and social relations, are produced by the brain”.

Reference list format Author surname(s), Initial(s). (Date published if available; n.d. –no date—if not). Title of article. *Title of website- in italics*. Retrieved [date], from [URL]

Example: Dewey, R. (2007) Psychology and Science. *Psychology: An Introduction*. Retrieved October 9th, 2014, from http://www.intropsych.com/ch01_psychology_and_science/tofc_for_ch01_psychology_and_science.html

eBook

In text format Author surname(s), Year, Page number

Paraphrase example: Hogg & Vaughan (2011) define cognition as the mental processes that bridge the gap between the world and people’s reactions (p. 42).

Quotation example: Cognition is defined as “the mental activities that mediate between the world out there and what people subsequently do” (Hogg & Vaughan, 2011, p.42).

Reference list format Author surname(s), Initial(s). (Year). *Title -in italics*. Retrieved from [URL or DOI]

Example: Hogg, M.A. & Vaughan, G.M. (2011). *Social Psychology*. Retrieved from <https://ezproxy.ncirl.ie:2157/readonline/9780273726012>