



# Parenting 365 Programme

NCI Research Day 20<sup>th</sup> June 2022





### Background

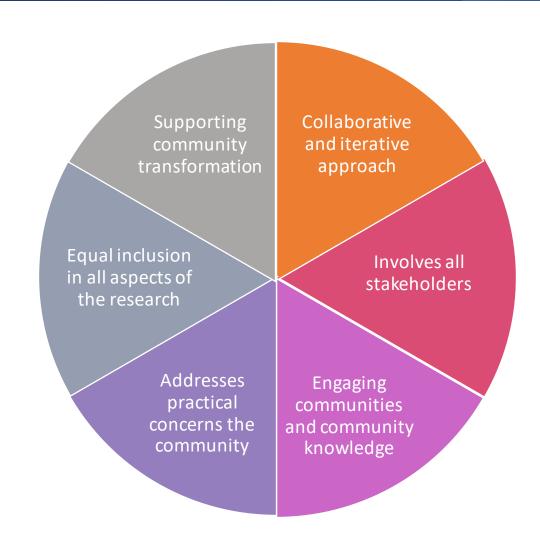
- ➤ Pilot Programme for families with young children with disabilities and additional needs
- ➤ Children aged 1-6-years-old
- ➤ Started September 2021-Present
- ➤Three terms (6 weeks)
- ➤ Play Group Sessions
- ➤ Parent Support Sessions



### Aims & Objectives

- Aim 1: To understand the impact of the Parenting 365 Programme on children with disabilities and their parents
- Aim 2: To conduct an exploration of the experiences of children with disabilities and their parents living in an area of socio-economic disadvantage in Dublin's Inner City.
- Aim 3: To directly engage the parents in informing the future development of the Parenting 365 Programme

### Community Action Research

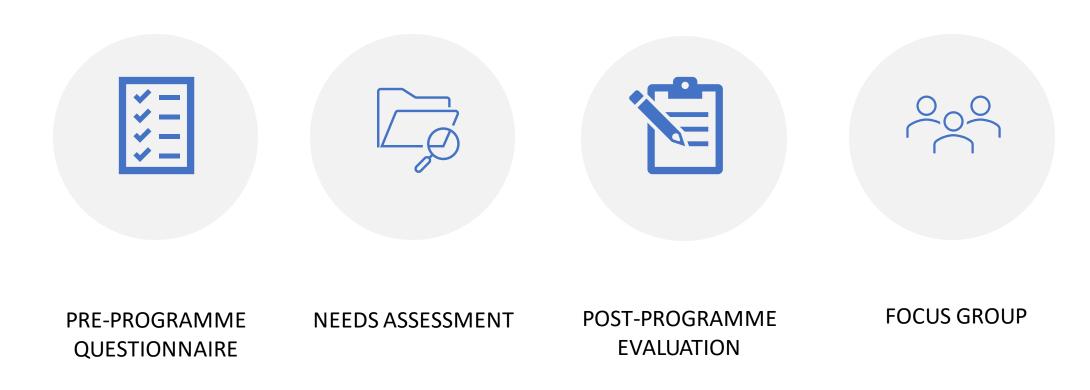


### Programme



**Emotional Development** 

#### Research Process



### Findings

- ➤ 60 families engaged to date
- Data collection ongoing



"The programme allowed us to see our child thrive in a social environment, to see that through familiarity they can get comfortable going somewhere with kids their own age and begin to really enjoy it"

"Advice and support from the girls there and also the group zoom meeting... I'm starting to talk about my child's need a lot more now instead of shutting away ashamed to reach out"

# Acknowledgements



# Thank You

Further Questions:



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